Freelander Blue Self Heal

Prunella grandiflora 'Freelander Blue'



Freelander Blue Self Heal flowers
Photo courtesy of NetPS Plant Finder

Height: 10 inches

Spread: 10 inches

Spacing: 8 inches

Sunlight: ○ ◐

Hardiness Zone: 4a

Other Names: Self-Heal, Selfheal

Description:

A floriforous variety producing masses of terminal clusters of stunning violet-blue flowers in late spring, then continues until fall; excellent as a groundcover, edging, or container planting; tolerates a wide range of soils

Ornamental Features

Freelander Blue Self Heal features showy clusters of violet hooded flowers at the ends of the stems from late spring to mid fall. Its tomentose lobed leaves remain dark green in colour throughout the season.

Landscape Attributes

Freelander Blue Self Heal is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Freelander Blue Self Heal is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Groundcover
- Container Planting

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Planting & Growing

Freelander Blue Self Heal will grow to be about 8 inches tall at maturity, with a spread of 10 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 8 inches apart. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selected variety of a species not originally from North America.

Freelander Blue Self Heal is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.